



October - 2023 Breakfast Menu						
Breakfast	Monday, October 2, 2023 NO SCHOOL	Tuesday, October 3, 2023 Orange Dream Muffin	Wednesday, October 4, 2023 Sliced Raisin Bagel & Cream Cheese	Thursday, October 5, 2023 Delicious Mini Pancake Puffs	Friday, October 6, 2023 WG Cinnamon Swirl	Week II
		100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	
		Choice Milk	Choice Milk	Choice Milk	Choice Milk	
	Chef's Choice may be offered					
Breakfast	Monday, October 9, 2023 Big Bowl Trix Cereal	Tuesday, October 10, 2023 WG Chocolate Chip Muffin	Wednesday, October 11, 2023 Apple Frudel	Thursday, October 12, 2023 Banana Breakfast Bread	Friday, October 13, 2023 * Student Favorite* Low Sugar WG Honey Bun	Week III
	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	
	Choice Milk	Choice Milk	Choice Milk	Choice Milk	Choice Milk	
Chef's Choice may be offered						
Breakfast	Monday, October 16, 2023 Assorted Big Bowl Cereal	Tuesday, October 17, 2023 Banana Muffin	Wednesday, October 18, 2023 NO SCHOOL	Thursday, October 19, 2023 NO SCHOOL	Friday, October 20, 2023 NO SCHOOL	Week IV
	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice				
	Choice Milk	Choice Milk				
Chef's Choice may be offered						
Breakfast	Monday, October 23, 2023 Assorted Big Bowl Cereal	Tuesday, October 24, 2023 Apple Cinnamon Muffin	Wednesday, October 25, 2023 Delicious Mini Pancake Bites	Thursday, October 26, 2023 Low Sugar WG Cinnamon Roll	Friday, October 27, 2023 * Student Favorite* Low Sugar Whole Grain Chocolate Cake Donut	Week V
	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	
	Choice Milk	Choice Milk	Choice Milk	Choice Milk	Choice Milk	
Chef's Choice may be offered						
Breakfast	Monday, October 30, 2023 Assorted Big Bowl Cereal	Tuesday, October 31, 2023 Whole Grain Chocolate Chip Muffin	Chef Spotlight			Week VI
	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice				
	Choice Milk	Choice Milk				
Chef's Choice may be offered						
		***	Three items meet USDA Requirements (One item must be fruit)		***	